

Privacy Policy

We want to let you know what personal data we collect, and what we do – and don't do – with it.

-If you sign up to receive the free download and Mindful Tennis Tips Newsletter, then we collect your email address.

-We use your email address to provide you with the Mindful Tennis Tips newsletter. Our mailing list service is provided by MailChimp. You can read MailChimp's data security policy [here](#).

-We take data privacy seriously. We have never and will never sell or give your email address to any other party. It will only be used by us for the purposes explained above.

- If at any time you wish to remove your email from our list, click on the unsubscribe link at the bottom of every email you receive from us.

This site also uses cookies. You can read the Cookie Policy [here](#).